

Drinks

Fresh Pressed Juices

STRAIGHT UP OJ - R60

pure, freshly squeezed orange juice

THE CLEAN MACHINE - R60

cucumber, beetroot, spinach, pineapple, lemon & ginger

MMMM MMMMMM - R60

pineapple, orange, apple, lemon & ginger

THE GREEN MAMBA - R60

apple, lemon, mint & ginger

RISE & SHINE - R60

carrot, orange & ginger

THE HULK (V) - R78

Banana, oat milk, peanut butter, cocoa, cinnamon, almonds, & a shot of espresso

LOVE YOU SO MATCHA - R84

Organic matcha, double thick yoghurt, lemon, dates, chia seeds, vanilla

STRAWBERRY FIELDS (V) - R75

Strawberries, apple, coconut cream, mint, ginger

VANILLA SHORTBREAD MILKSHAKE

CHOCOLATE BROWNIE MILKSHAKE

PEANUT BUTTER MILKSHAKE

STRAWBERRY MILKSHAKE

COFFEE MILKSHAKE

R60 | R40 (kids)

Smoothies

Milkshakes

Hot Drinks

	SGL	DBL
ESPRESSO	R22	R29
CORTADO	R28	R35
AMERICANO	R30	R37
CAPPUCCINO	R34	R41
LATTE	R36	R43
MOCHA	R40	R47
DIRTY CHAI	R42	R49
HOT CHOCOLATE BOMB (V available)		R58
70% chocolate bauble, filled with decadent hot chocolate powder, and mini marshmallows		
ROOIBOS CAPPUCCINO		R42
CHAI LATTE		R46
ROOIBOS WHITE HOT CHOCOLATE		R46
TEAS		R30
ceylon / rooibos / earl grey / green / chai / peppermint / chamomile		
CLASSIC HOT CHOCOLATE		R42
BABYCCINO		R16
VANILLA / HAZELNUT / CARAMEL SYRUP		R8
ALMOND / OAT M*LK		R8
CREAM / CONDENSED MILK		R9

Cold Drinks

ICED LATTE	R44
double espresso poured over milk & ice	
'CA PHE SUA DA' (Vietnamese Iced Coffee)	R49
double espresso, sweetened condensed milk, ice, foam	
ICED CHOCOLATE CHAI	R46
luscious chai & chocolate, perfectly balanced, over ice	
HOUSE ROOIBOS ICED TEA	R44
lemon / raspberry & hibiscus	
SPARKLY PASSION	R40
passionfruit (with pips) cordial with sparkling water	
STILL or SPARKLING WATER 750ml	R42
SODAS	R32
original coke / coke zero / lemonade	
ROCK SHANDY	R42
kola tonic, lemonade, soda & bitters	
'DOUBLE SHOT' ARTISANAL SOFT DRINK	R48
cherry bomb / peaches 'n cream / lemon mad	
'BREW' KOMBUCHA	R48
original rooibos / ginger lemon	
'FIZZY B' SPARKLING JUICE	R48
apple / grape	

R50 corkage fee per bottle opened will apply to all wine / bubbly

Brunch

served all day

THE JUNGLE GYM - R97

Homemade nut & dried fruit granola served with double thick yoghurt, fresh fruit and a drizzle of local raw honey

ALMOND 'CROISSANT' OATS (V) - R102

Creamy vanilla oats, topped with almond frangipane, blueberry compote and flaked almonds

FLUFFY FLAPJACKS - R130

Thick & fluffy banana choc chip buttermilk flapjacks, malty chocolate sauce, whipped cream, sprinkled with oat, coconut & 'Chuckles' crumb

FRENCH TOAST

2 slices of brioche, doused in free range egg custard, fried in butter until golden, and adorned with a choice of:

Caramelised banana, OKJA chocolate hazelnut spread, golden syrup - R96

Creamy spinach & mushroom, fried free range egg - R116
Add bacon +R35

AVO TOAST - R75 (V)

Smashed avo, & caramelised onion on sourdough with seed & sprout sprinkle

Add a poached free range egg +R15

CLUB MED TOAST - R80

Smoked hummus, grilled halloumi, pickled red onion, lemon tahini drizzle, roasted chickpeas on sourdough

THE TREEHOUSE BREAKIE - R92

2 scrambled free range eggs, roasted cherry tomatoes, herbed mushrooms, your choice of toast

Add bacon / pork chipolatas +R35

GARDEN SHED BREAKIE BUN - R98

BBQ pulled pork, fried free range egg, tangy cabbage, carrot & apple slaw and chipotle mayo on a toasted brioche sesame bun

SUNRISE OMELETTE - R125 (GF)

3 free range egg omelette, stuffed with Danish feta, sundried tomato pesto, baby spinach & basil
Add bacon / pork chipolatas +R35

FLOWER POWER TOWER - R128 (V+GF)

Our house potato rosti stacked with roasted cherry tomatoes, herbed mushrooms, olive tapenade, basil pesto, sprouts, garden greens & a drizzle of balsamic glaze

BACKYARD BENNY - R90 (GF)

2 poached free range eggs on a house potato rosti, lavished in dreamy hollandaise, optionally served with your choice of

Bacon +R35
Smoked local salmon trout +R49
Creamed spinach +R29

BAGELS | CROISSANTS

Toasted, served with butter, mixed berry jam or caramelised onions, & cheddar - R65

Mozzarella, basil pesto, tomato, balsamic drizzle - R90
(v available)

Bacon, fried free range egg, avo, mozzarella - R99

Smoked local salmon trout, dill cream cheese, capers & lemon - R104

Bacon, lettuce, fresh tomato, miso mayo - R92

Emmental, gypsy ham, house pickled cucumber, honey mustard - R94

Free range roast chicken, lemon & roast garlic mayo, house pickled cucumber - R98

SAVOURY MUFFIN - R60

A sumptuous blend of cheddar, mozzarella, Danish feta and onion, baked into a delicious muffin, served with butter & cheddar

VANILLA SCONE - R52

Freshly baked vanilla scone, served with butter, whipped cream, and our berry jam.

CHECK OUT OUR PASTRY DISPLAY FOR THE REST OF OUR DELICIOUS CAKES & BAKES

EXTRAS / SIDES

Toast slice - R13
(sourdough / ciabatta / rye / wholewheat / gluten free)
House potato rosti (gf) - R30
Free range egg (poached / fried) - R15
Scrambled free range eggs (2) - R30
Roasted cherry tomatoes / Creamed spinach - R29
Avo / Herbed mushrooms - R35
Cheddar / Mozzarella / Danish feta / Cream cheese /
Emmental / Grilled Halloumi - R29
Bacon / Pork chipolatas - R35
Smoked local salmon trout - R49
BBQ pulled pork - R43

Lunch

served from 12h00

SOUP - R92

Warming bowl of nourishing goodness, served with your choice of toast

QUICHE - R105

Individual tart of cheddar shortcrust pastry, filled with seasonal produce & free range egg custard, baked to perfection, and served with our signature side salad

PUFF PIE - R118

Delicious fillings, encased in buttery puff pastry and served with potato chips, sweet potato chips, or salad

Baked fresh to order, please allow a little extra time

WINTER WARMER - SQ

Something bold, something new, something classic... check out our chalkboard for the latest special

SEASONAL SALAD - SQ

Fresh, vibrant, a reflection of our kitchen's seasonal inspiration

WARM BOWLS

CHICKPEA STEW & FLATBREAD (V) - R99

Moroccan inspired spiced chickpea and tomato stew, served with homemade garlic flatbread

PEARL COUSCOUS, VEGGIES & HALLOUMI - R138

Gorgeous roasted seasonal veggies, served on pearl couscous, with grilled halloumi, basil pesto, & fresh herbs

Add BBQ pulled pork + R43

STICKY CHICKEN & RICE - R145

Asian inspired sticky BBQ free range chicken, seasoned jasmine rice, seasonal veggies, topped with miso mayo & sesame seeds

Add avo +R35

BACKYARD BURGERS

...served on a brioche sesame bun, with your choice of potato chips, sweet potato chips or salad

A 180g homemade beef patty, house relish, cheddar, bacon & lettuce - R160

Crumbed & fried free range chicken breast, chipotle mayo, lettuce, house pickled cucumber - R160

Homemade chickpea patty, bbq sauce, lettuce, pickled red onion - R145 (v+gf bun)

THE FISH POND - R185

3 Traditional sustainably caught fish cakes, panko crumbed & fried, served with tartare sauce & a tangy cabbage, carrot & apple coleslaw

MAMA ANGIE'S LASAGNE - R155

Classic lasagna, layers of slow cooked beef with creamy béchamel sauce, ricotta, and pasta sheets, served with a fresh salad of garden greens, pickled beetroot, cucumber, and a basil pesto dressing

TOASTIES

Available on sourdough / rye / ciabatta / wholewheat / gluten free, served with your choice of potato chips, sweet potato chips or salad

Cheddar & tomato - R98 (v available)

Free range roast chicken, chipotle mayo, mozzarella - R108

Bacon, caramelised onion, brie - R112

Pastrami, English mustard, emmental, horseradish mayo & gherkin, served with sauerkraut - R127

SIDES

Potato / Sweet potato chips - R32 (v) (gf available)

Signature salad (garden greens, red onion, cucumber, cherry tomato, Danish feta, seed sprinkle, balsamic glaze) - R42 (gf) (v available)