

Drinks

STRAIGHT UP OJ - R58

pure, freshly squeezed orange juice

THE CLEAN MACHINE - R58

cucumber, beetroot, spinach, pineapple, lemon & ginger

MMMM MMMMMM - R58

pineapple, orange, apple, lemon & ginger

THE GREEN MAMBA - R58

apple, lemon, mint & ginger

RISE & SHINE - R58

carrot, orange & ginger

THE HULK (V) - R68

banana, oat milk, peanut butter, cocoa, cinnamon, almonds, & a shot of espresso

BLUEBERRY CHEESECAKE - R69

blueberries, dates, double thick yoghurt, lemon, cashews, vanilla

SUNNY SKIES (V) - R78

Mango, peach & cherries blended with chia seeds, flaxseeds, citrus

VANILLA SHORTBREAD MILKSHAKE

CHOCOLATE BROWNIE MILKSHAKE

PEANUT BUTTER MILKSHAKE

STRAWBERRY MILKSHAKE

COFFEE MILKSHAKE

R60 | R40 (kids)

Hot Drinks

ESPRESSO

SGL DBL

R21 R28

CORTADO

R24 R31

AMERICANO

R26 R33

CAPPUCCINO

R32 R39

LATTE

R34 R41

MOCHA

R36 R44

DIRTY CHAI

R39 R46

HOT CHOCOLATE BOMB (V available +R8) R58

70% chocolate bauble, filled with decadent hot chocolate powder, and mini marshmallows

RED CAPPUCCINO

R39

CHAI LATTE

R45

TEAS

R29

ceylon / rooibos / earl grey / green / chai / peppermint / chamomile

CLASSIC HOT CHOCOLATE

R40

BABYCCINO

R14

VANILLA / HAZELNUT / CARAMEL SYRUP

R7

SOMA ALMOND / OKJA OAT M*LK

R8

CREAM / CONDENSED MILK

R8

Cold Drinks

ICED LATTE

R42

double espresso poured over milk & ice

'CA PHE SUA DA' (Vietnamese Iced Coffee)

R47

double espresso, sweetened condensed milk, ice

ICED CHOCOLATE CHAI

R46

luscious chai & chocolate, perfectly balanced, over ice

ROOIBOS ICED TEA

R42

lemon / raspberry & hibiscus

SPARKLY PASSION

R39

passionfruit (with pips) cordial with sparkling water

STILL / SPARKLING WATER

R42

SODAS

R31

original coke / coke zero / lemonade

ROCK SHANDY

R42

kola tonic, lemonade & bitters

'DOUBLE SHOT' ARTISANAL SOFT DRINK

R44

cherry bomb / peaches 'n cream / lemon mad

'BREW' KOMBUCHA

R48

original rooibos / ginger lemon

'FIZZY B' SPARKLING JUICE

R44

apple / grape

R50 corkage fee per bottle opened will apply to all wine / bubbly

Fresh Pressed Juices

Smoothies

Milkshakes

Brunch

served all day

THE JUNGLE GYM - R97

Homemade nut & dried fruit granola served with double thick yoghurt, fresh fruit and a drizzle of honey

SUNNY SKIES SMOOTHIE BOWL - R138 (V)

Mango, peach, & cherries blended with chia seeds, flaxseeds, citrus, topped with almond & coconut granola, almond butter, and fresh fruit

FLUFFY FLAPJACKS - R128

Thick & fluffy buttermilk banana flapjacks with dark chocolate chunks, raspberry compote, chocolate crumble, whipped cream, honey

FRENCH TOAST

2 slices of brioche, doused in free range egg custard, fried in butter until golden, and adorned with a choice of:

Caramelised banana, OKJA chocolate hazelnut spread, golden syrup - R96

Brie, herbed mushrooms, fried free range egg and hot honey - R116

Add bacon +R35

AVO TOAST - R75 (V)

Smashed avo, & caramelised onion on sourdough with seed & sprout sprinkle

Add a poached free range egg +R15

CLUB MED TOAST - R80

Smoked hummus, grilled halloumi, pickled red onion, lemon tahini drizzle, roasted chickpeas on sourdough

THE TREEHOUSE BREAKIE - R92

2 scrambled free range eggs, roasted cherry tomatoes, herbed mushrooms, your choice of toast

Add bacon / pork chipolatas +R35

GARDEN SHED BREAKIE BUN - R96

BBQ pulled pork, fried free range egg, tangy cabbage, carrot & apple slaw and chipotle mayo on a toasted sesame bun

BLOOMING BASIL OMELETTE - R134 (GF)

3 free range egg omelette, stuffed with basil pesto, creamed spinach, mozzarella, served with roasted cherry tomatoes
Add bacon / pork chipolatas +R35

FLOWER POWER TOWER - R125 (V+GF)

Our house potato rosti stacked with roasted cherry tomatoes, herbed mushrooms, olive tapenade, basil pesto, sprouts, garden greens & a drizzle of balsamic glaze

BACKYARD BENNY - R88 (GF)

2 poached free range eggs on a house potato rosti, lavished in dreamy hollandaise, optionally served with your choice of

Bacon +R35
Smoked local salmon trout +R48
Creamed spinach +R28

BAGELS | CROISSANTS

Toasted, served with butter, mixed berry jam or caramelised onions, & cheddar - R64

Mozzarella, basil pesto, tomato, balsamic drizzle - R90
(v available)

Bacon, fried free range egg, avo, mozzarella - R99

Smoked local salmon trout, dill cream cheese, capers & lemon - R104

Emmental, gypsy ham, house pickled cucumber, honey mustard - R94

SAVOURY MUFFIN - R60

A sumptuous blend of cheddar, mozzarella, Danish feta and onion, baked into a delicious muffin, served with butter & cheddar

CHECK OUT OUR PASTRY DISPLAY FOR THE REST OF OUR DELICIOUS CAKES & BAKES

EXTRAS / SIDES

Toast slice - R13
(sourdough / ciabatta / rye / wholewheat / gluten free)
House potato rosti (gf) - R30
Free range egg (poached / fried) - R15
Scrambled free range eggs (2) - R30
Roasted cherry tomatoes / Creamed spinach - R28
Avo / Herbed mushrooms - R35
Cheddar / Mozzarella / Danish feta / Cream cheese / Emmental / Halloumi - R28
Bacon / Pork chipolatas - R35
Free range chicken breast - R35
Smoked local salmon trout - R48
BBQ pulled pork / Harissa lamb mince - R43

Lunch

served from 12h00

QUICHE - R105

Individual tart of cheddar shortcrust pastry, filled with seasonal produce & free range egg custard, baked to perfection, and served with our signature side salad

PUFF PIE - R118

Delicious fillings, encased in buttery puff pastry and served with potato chips, sweet potato chips, or salad

Baked fresh to order, please allow a little extra time

SUMMER SPECIAL - SQ

Check out our blackboards for the mouth-watering specials of the season

LOADED FLATBREAD - R98

Harissa lamb mince, pickled red onion, cucumber, garden greens & herbs, lemon tahini drizzle on a pillowy flatbread

GARDEN FRESH BOWLS

CAESAR SALAD - R138

Free range chicken breast, garden greens, parmesan, garlic croutons, poached egg, classic caesar anchovy dressing

CRUNCHY CRAVE SALAD - R134 (v + gf)

Cucumber, pickled beetroot, avo, smoked hummus, roasted chickpeas, garden greens, basil pesto dressing

Add smoked local salmon trout +R48

SPICY PEANUT & NOODLE BOWL - R142

Rice noodles, garden greens & herbs, cabbage, radish, pickled carrot ribbons, edamame beans, chilli crisp peanuts, soy, miso mayo, sesame seeds

Add bbq pulled pork +R43

THE VEGGIE PATCH BUDDHA BOWL - R154

Lemony couscous with roasted broccoli, garden greens, grilled halloumi, cucumber, radish, garden peas, cherry tomatoes, red onion, hazelnut dukkah, with a citrus honey dressing

BACKYARD BURGERS

...served with your choice of regular potato chips, sweet potato chips or salad

A 180g homemade beef patty, house relish, cheddar, bacon & lettuce - R156

Panko-crumbed & fried free range chicken breast, hot honey, Danish feta, house pickles, miso mayo - R156

Chickpea & corn patty, avo, house relish, lettuce - R142 (v+gf)

THE FISH POND - R178

3 Traditional sustainable fish cakes, panko crumbed & fried, served with tartare sauce & a tangy cabbage, carrot & apple coleslaw

CHICKEN PARM & POLENTA FRIES - R158

Panko crumbed & fried free range chicken breast, topped with tomato & basil sauce, mozzarella and then baked, served with parmesan & black pepper polenta fries

TOASTIES

Available on sourdough / rye / ciabatta / wholewheat / gluten free

Served with your choice of potato chips, sweet potato chips or salad

Cheddar & tomato - R98 (v available)

Free range chicken breast with a roasted garlic and lemon mayo - R105

Beef pastrami, English mustard, emmental, horseradish mayo & gherkin, served with sauerkraut - R127

EXTRAS / SIDES

Potato / Sweet potato chips - R30 (v) (gf available)

Signature salad (garden greens, red onion, cucumber, cherry tomato, Danish feta, seed sprinkle, balsamic glaze) - R40 (gf) (v available)